





The mission of the GFWC-Mississippi Federation of Women's Clubs, Inc. is an organization of women whose goal is personal enrichment leading to volunteer service that benefits the community, state, nation and world.

Founded on May 25, 1989 and a member of the General Federation of Women's Clubs Since 1904.

GFWC-MFWC Headquarters & Elected Officers



GFWC-MFWC Headquarters 2407 North State Street Jackson, Mississippi 39216

2018-2020 Elected Officers

Becky C. Wright President GFWC-MFWC Fine Arts Club of Bruce Northern District Theresa Buntyn Vice President and Dean of Chairmen GFWC-MFWC Decatur Woman's Progressive Club Central District

Sherri E. Reid President-elect, Advisor to District Presidents and State Membership Chairman Cosmopolitan Club Southern District

Frances H. Brown Secretary GFWC-MFWC Twentieth Century Club of Bruce Northern District

Diane Rouse Treasurer GFWC-MFWC Florentine Evening Club Central District

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The GFWC-MFWC Newsletter "The Heartbeat" is published by the GFWC-MFWC.

All submissions are welcome. Photographs are encouraged. Mail articles and/or photographs to Lisa A. Harris, 822 SCR 115 S, Raleigh, MS 39153 or email to lisaharris@outlook.com. Questions or comments, contact Lisa at (601) 940-1519.



Taken from "A History of the Mississippi Federation of Women's Clubs" 1898 - 1998

by Tommye Hogue Rosenbaum

Administration of Mrs. Robert (Blanche M.) Ralston

1924 - 1926

♥ Fourteenth President of MFWC from Coahoma, MS

Highlights of this Administration

- Mrs. Ralston presided at the twenty seventh convention of the Mississippi Federation again held in Jackson at the Edwards Hotel in April 1925. Twenty eight new clubs had been added to the Federation.
- In 1922, an honor system had been installed that required each club of twenty or more members to donate ten dollars annually and clubs of less than twenty members to donate five dollars annually. The money was invested in United States Government Bonds that paid 4% interest, and the income was designated to be used to defray costs of the Federation. At a later convention, a resolution to call this fund the M. Colie Covington Endowment Fund to honor Miss Covington for her hard work on this project was adopted.
- Mrs. Ralston also presided at the twenty eighth convention of the Federation held at Brown's Wells Hotel (Brookhaven), April 27-30, 1926. The convention was cited as being the most enjoyable one in Federation history. Cost to attend this convention was \$4.50 a day which included meals and lodging.
- Department reports were given that showed the progress of the Federation in all areas. One of the
 more interesting of these was from the Art Department. Miss Person, Chairman, had arranged an
 exhibition of etching and paintings of nationally known artists, collections from Mississippi painters,
 and pottery and pine needle baskets. The Extension Chairman reported that since 1925 convention the
 Federation had a net gain of sixteen clubs, which brought the total to two hundred fifty clubs.
- Several resolutions worthy of note from this convention were adopted. The convention voted to support
 compulsory public music in the public school. In a move to protect the environment, support was given
 to a Billboard Removal Committee, whose function was to remove unsightly billboards and keep rural
 Mississippi from being commercialized. Another resolution endorsed the Forestry bill and called for
 the creation of an Division of Conservation in the Mississippi Federation. Finally, the convention voted
 to cooperate with the Mississippi Plant Board to secure legislation for the statewide eradication of the
 Argentine Ant.

Next month, the Administration of Miss Susie V. Powell, 1926 - 1928.

A Message From Becky C. Wright

Dear Federation Friends,

Let me begin by saying great job team! Merriam-Webster defines team as a number of persons associated together in work or activity, such as a group on one side. As a Federation, we may not always be on one side, but we definitely come together collectively for the cause, hence our GFWC motto— *Unity in Diversity*.

Acting as one. Believing in each other. Committing to excellence. Doing whatever it takes. Embracing a common vision. Fostering group intelligence. Giving the benefit of the doubt. Harnessing the power of one. Inspiring cooperation, not competition. Juggling skills and talent. Kindling collaborative genius. Looking out for each other. More "we" and less "me" thinking. Not minding who gets the credit. Overcoming obstacles

Becky C. Wright 2018-2020 GFWC-MFWC President

together. **P**utting principles before personalities. **Q**uickly resolving differences. **R**ecognizing each other's strengths. **S**haring the workload. **T**reating each other with respect. **Ut**ilizing everyone's skills. **V**aluing everybody's input. Working side by side. **X**pecting exponential results. **Y**earning to succeed together. **Z**estfully making a difference.

I came across the above-mentioned *Teamwork A to Z*, by M. Steward after reading *Boys in the Boat* last year, and saved it thinking that this was a perfect goal to strive to attain during the 2018-2020 Administration, and now after just one year, I believe that you have epitomized teamwork! From acting as one to zestfully making a difference, the culmination of the first year and the success of our 121st State Convention, solidifies that we are Team MFWC, where Together Everyone Achieves More!

I think that we all can agree that while the Northern District, under the amazing leadership of Amy Jacobs, hosted a fun packed, informative, and relaxing convention, that it takes the efforts of our entire Federation to make a convention truly successful. May you all know how very grateful I am to each of you for the integral part you played in empowering the team. From months of planning, to ad sales, to table decorations, to door prizes, to taking care of every detail in planting a tree for Arbor Day and leaving our mark in Starkville, to well wishes, and attendance, you embraced our theme and had a roaring good time, you supported the New to You, and you made our guests feel welcomed. If you missed this year, you missed a treat.

(Continued on page 6)

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Collectively, this past year, we have reached so many goals—making a difference in the lives of so many. You started strong, you stayed on course, and you finished strong —traits necessary to achieve results. Just like our membership, our goals were diverse: the PSP, the 7 Grand Initiatives, our Headquarters, chartering the Leading Ladies, ESO and Reading with the President, and having a service project at each state meeting—whenever asked, you stepped up to the plate and scored. Thank you for always going the extra mile.

I am sure that you know by now, at State Convention, that along with over 150 little red hats—made by you, we presented a check for \$10,000 to the Mississippi Chapter of the American Heart Association—all thanks to your efforts state-wide! Our hope is to present a second big check in April 2020, and with your support, we can do it! Thank you to all the clubs who participated in the "Life is Why Brag Boards"— in just a few short weeks, your efforts raised \$889!

Additionally, you embraced the Quarters for Headquarters contest, showing your support for the preservation of our beautiful headquarters in Jackson. However, you didn't stop there. When asked to support our GFWC Headquarters—and one of the Grand Initiatives with the Million Dollar Club—you

graciously contributed, proving that together we can do so much and that \$1 per member adds up nicely!

Furthermore, we were honored to have as our GFWC guest, our International President Mary Ellen Brock what an inspiration! President Brock was most appreciative of MFWC's efforts toward and success of her 7 Grand Initiatives. You have made my heart swell with pride by embracing these initiatives, and although I had bragged to President Brock in my report sent to her earlier in the year, she was able to see first-hand the generosity and team spirit of MFWC.

My heart is full and my cup runneth over with the love and the support that I have been given this past year. As I prepare to represent you at the GFWC Convention in Austin, Texas, I want you to know how very proud I am of your collective accomplishments and I look forward to returning with empowering information for you, the greatest Federation! The whole truly is greater than the sum of its parts.

With Federation love,

Becky

We are not A TEAM because we work together. WE ARE a team because We respect, trust, and care for each other.

GFWC-MFWC President's Special Project: American Heart Association

May is National Salad Month

Submitted by PSP Co-Chairman Bethany Flint, MS, RD, LD.

Did you know that May is National Salad Month?

The American Heart Association recommends consuming 4 ¹/₂ cups of fruits and

vegetables per day. An easy and delicious way to accomplish this is simply by eating a salad either as an entrée or side dish to your main meal. Of course, we need to make sure we are on the same page about what a "salad" is! If you are picturing a small amount of iceberg lettuce piled high with shredded cheddar cheese, bacon bits, croutons, and covered in ranch or thousand island, then we have some work to do! We're also not talking about mayobased chicken salad, potato salad, or those delicious congealed fruit salads made with Jello and whipped topping! Does this sound like your typical "salad" plate? No



worries - keep reading for tips to build a better salad!

Start with the base. Consider lettuce as a free food: with about seven calories per cup and packed with nutrition, choosing lettuce as the foundation is a good start to any healthy salad. All leafy greens are low in calories but darker greens, like spinach or kale, generally have more nutrients than the lighter colored greens. Or try adding in flavor-packed greens like arugula! Iceberg lettuce isn't a bad choice, per se, but you are missing the opportunity to up your vitamin and mineral intake by choosing darker greens!

Next, add color, flavor, and texture with non-starchy vegetables and fruit! Add crunch with red bell peppers, cucumber slices, carrots, radishes, and/or broccoli. Juicy tomatoes are another great option. And don't forget about antioxidant rich fruit like blueberries, raspberries, and strawberries.

Up next- add lean protein! Grilled chicken, turkey breasts, fish (like salmon or tuna), or beans such as kidney, white, garbanzo, or black beans are all great choices.

Extras - aka the salad "goodies" are next. Think nuts and seeds, cheese, avocado, croutons, dried fruit, etc. While nuts, seeds, and avocado are healthy fats, they are still very calorie dense (aka a lot of calories for a small amount). These "goodies" can definitely make a salad more enjoyable, just be sure to watch portion sizes and only add a small amount. Remember, we want our salad to be made of mostly the lettuce base and non-starchy veggies!

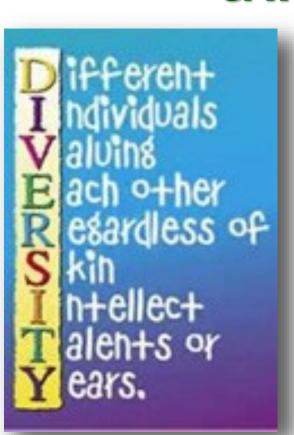
Last, dress it up – in moderation! Salad dressings, like those extra toppings, can be a calorie-and-fat

bomb; however, no one really wants a dry salad! Portion control is key here! Creamy dressings like ranch, blue cheese, and thousand island are usually the highest in calories, contain unhealthy saturated fat, and can be high in sodium! If at a restaurant, look for light, reduced calorie versions and ask for it to be served on the side. This way, you are in control of how much is added! At home, whip up your own using low fat milk and light mayo. It is also so easy to make your own heart healthy vinaigrette! To a small mason jar, add a squirt of Dijon mustard, a tsp. of honey, herbs and spices, and 1 part balsamic vinegar to 2 parts extra virgin olive oil. Add the lid and shake, shake, shake! Voilà – homemade vinaigrette in less than 5 minutes! Just like the nuts and avocado though, olive oil is healthy but high calorie. One tablespoon has 120 calories so a little bit goes a long way! If you want a lower calorie way to dress your salad, a simple squirt of lemon juice or salsa is a good option.

Happy salad making!



GFWC Advancement Area GFWC Membership



Recruitment is a year-round process, and the campaigns and reporting of new members reflect this fact. A club that recruits three new members during each season will end the year with 12 new members! Clubs may plan creative membership recruitment campaigns and events around the many national awareness issues that are aligned with GFWC Community Service Programs, special programs, and commemoration days and months.

For more information on GFWC Membership and how to Participate in GFWC's "United by Diversity" recruitment campaign, check out the 2018-2020 GFWC Club Manual Membership Advancement Guide by <u>clicking here</u>. **GFWC Advancement Area**

GFWC-MFWC Membership Contest

All Clubs Can Win!!! Earn money for your club!

It's time to get serious about membership and win some money!

Monetary Prizes to the three clubs who add members to their club. The top **three** clubs in the state who recruit the **most percentage** of new members wins!!

Rules:

Send name and contact information of your new members to Sherri E. Reid at <u>reidshe@comcast.net</u>

Recruitment Period

Recruitment Report Due

March, April and May 2019 June, July and August 2019 September, October and November 2019 December 2019, January and February 2020 March and April 2020 June 1, 2019 September 1, 2019 December 1, 2019 March 1, 2020 April 10, 2020

This is a year-long contest for Membership for all clubs to be entered send in names and contact information of all new members to Sherri E. Reid. Contest ends April 10, 2020. The number cumulate, so send ANY new members and their information to reidshe@comcast.net, even if you only add one new member!! The prizes will be announced and given out at MFWC Convention 2020. Awards will be given to the three clubs who increase their membership by the most percentage.

There will also be a creativity award. This award will be judged by reports sent in for the 2018 and 2019 reports sent in on judging day. The most creative membership report sent in also wins a monetary prize.

All names submitted will be forwarded to GFWC for GFWC Recruitment Campaign



GFWC-Mississippi Federation of Women's Clubs, Inc.





MISSISSIPPI STATE UNIVERSITY

121st State Convention The Mill 600 Russell Street

600 Russell Street Starkville, MS

April 25-27, 2019

Empowering the Heart to Make a Nillerence

Becky C.Wright GFWC-MFWC President 2018-2020

The Numbers



GFWC-Mississippi Federation of Women's Clubs, Inc. GFWC-MFWC Report Cover Sheet



2018-2020 Administration, Reporting Year 2018, Club Year 2019

	WC-Mississippi Federation bjects & Special Emphasis:	n of Women'	's Clubs, Inc	. Special		imber o rojects	of Volum Hou		Dollars Donated		Kind ations	
I	MFWC President's Special Project:	Empowering the Detect. Correct		a Difference:		171 8,307			19,665	24,	740	
2	MFWC Special Emphasis:	State Institutions	5			93	49	8	2,404	4,4	489	
3	3 MFWC Special Emphasis: Mississippi Public Broadcasting					37 1,05		56 3,380		9	94	
GFWC-MFWC TOTALS FOR SPECIAL PROJECTS & SPECIAL EMPHASIS:					301 9,861		61	25,449 29,32		,323		
GF	WC SIGNATURE PROGR				_	Number of Vo Projects I		-	Dollars Donated	Dona	Kind ations	
4	DOMESTIC VIOLENCE AWAREN				-	43	1,644		2,856		270	
5	GFWC JUNIORS' SPECIAL PROGR	AM: ADVOCATE	S FOR CHILDR	EN	3	07	9,887		45,611	23,9	995	
GFWC COMMUNITY SERVICE PROGRAMS (CSPs):				_	Number of Voluntee Projects Hours			r Dollars Donated		Kind ations		
6					7	708 51,595		;	43,539	128	,502	
7	CONSERVATION					38	26,880		31,535	,	836	
	8 EDUCATION					73 32,046			72,916 67,9			
	9 HOME LIFE					535 28,922			67,400		335	
10						39 08	3,337 20,184		37,159 45,717			
GF	WC Advancement Areas	(AAs):				-	nber of ojects		nteer ours	Dolla Sper		
12 COMMUNICATIONS AND PUBLIC RELATIONS					233			4,681		33		
13 LEADERSHIP					281			20,309		64,355		
14 LEGISLATION/PUBLIC POLICY						226			537	3,549		
I5 MEMBERSHIP 207 7,026							026	21,3	79			
					Number of Projects			olunteer Dollars Hours Raised				
16	FUNDRAISING & DEVELOPME	NT					136		6,659	131,0	669	
					mber of ojects			-	Dollars Donated		In Kind Donations	
I7 WOMEN'S HISTORY RESOURCE CENTER				198	3,637		29,282		5,690			
	Volunteer Books Hours Read								ad			
18	EPSILON SIGMA OMICRON (E	50)								40)	
10	32 out of 51 Clubs Reporting Number of Projects Hours Dollars Donated Donations Raised											
	32 out of 51 Clubs Reporting								_		Boo Rea	

GFW-C-Mississippi Federation of Women's Clubs, 9nc.

121st Annual State Convention

Starkville, Mississippi



General Club Awards Club Year 2018, Reporting Year 2019

- GFWC Signature Program: Domestic Violence Awareness & Prevention
 - 5th Place Women's Club of Gulfport
 - 4th Place Twentieth Century Club of Bruce
 - 3rd Place Cosmopolitan Club
 - 2nd Place Florentine Evening Club
 - Ist Place Batesville Junior Woman's League

GFWC Juniors' Signature Program: Advocates for Children

- 5th Place Twentieth Century Club of Bruce
- 4th Place Fine Arts Club of Bruce
- 3rd Place Decatur Woman's Progressive Club
- 2nd Place Women's Club of Gulfport
- Ist Place Civic Woman's Club of Picayune
- GFWC CSP Arts
 - 5th Place Decatur Woman's Progressive Club
 - 4th Place Florentine Evening Club
 - 3rd Place Fine Arts Club of Bruce
 - 2nd Place Cosmopolitan Club
 - Ist Place Civic Woman's Club of Picayune
- GFWC CSP Conservation
 - 5th Place Fine Arts Club of Bruce
 - 4th Place Twentieth Century Club of Bruce
 - 3rd Place Cosmopolitan Club
 - 2nd Place Raleigh Woman's Club
 - Ist Place Civic Woman's Club of Picayune
- GFWC CSP Education
 - 5th Place Fine Arts Club of Bruce
 - 4th Place Twentieth Century Club of Bruce
 - 3rd Place Ackerman Twentieth Century Club
 - 2nd Place Raleigh Woman's Club

- GFWC CSP Home Life
 - 5th Place Florentine Evening Club
 - 4th Place Civic Woman's Club of Picayune
 - 3rd Place Twentieth Century Club of Bruce
 - 2nd Place Raleigh Woman's Club
 - Ist Place Fine Arts Club of Bruce
- GFWC CSP International Outreach
 - 5th Place Women's Club of Gulfport
 - 4th Place Cosmopolitan Club
 - 3rd Place Ackerman Twentieth Century Club
 - 2nd Place Raleigh Woman's Club
 - Ist Place Civic Woman's Club of Picayune
- GFWC CSP Public Issues
 - 5th Place Present Day Club of Union
 - 4th Place Decatur Woman's Progressive Club
 - 3rd Place Florentine Evening Club
 - 2nd Place Raleigh Woman's Club
 - Ist Place Star Woman's Club
- GFWC AA Communication and Public Relations
 - 5th Place Cosmopolitan Club
 - 4th Place Florentine Evening Club
 - 3rd Place Raleigh Woman's Club
 - 2nd Place Batesville Junior Woman's League
 - Ist Place Civic Woman's Club of Picayune
- GFWC AA Leadership
 - 5th Place Florentine Evening Club
 - 4th Place Cosmopolitan Club
 - 3rd Place Decatur Woman's Progressive Club
 - 2nd Place Raleigh Woman's Club
 - Ist Place Civic Woman's Club of Picayune

Ist Place - Florentine Evening Club

• 4th Place - Ci

(Continued from page 13)

- GFWC AA Legislations and Public Policy
 - 5th Place Twentieth Century Club of Bruce
 - 4th Place Batesville Woman's Club
 - 3rd Place Civic Woman's Club of Picayune
 - 2nd Place Quitman Woman's Club
 - Ist Place Decatur Woman's Progressive Club

GFWC AA Membership

- 5th Place Raleigh Woman's Club
- 4th Place Civic Woman's Club of Picayune
- 3rd Place Florentine Evening Club
- 2nd Place Fine Arts Club of Bruce
- Ist Place Cosmopolitan Club

GFWC AA WHRC

- 5th Place Florentine Evening Club
- 4th Place Present Day Club of Union
- 3rd Place Cosmopolitan Club
- 2nd Place Fine Arts Club of Bruce
- Ist Place Raleigh Woman's Club
- GFWC AA Fundraising and Development
 - 5th Place Civic Woman's Club of Picayune
 - 4th Place Ackerman Twentieth Century Club
 - 3rd Place Batesville Woman's Club
 - 2nd Place Cosmopolitan Club
 - Ist Place Florentine Evening Club
- GFWC Epsilon Sigma Omicron (ESO)
 - 3rd Place Woman's Club of Gulfport
 - 2nd Place Cosmopolitan Club
 - Ist Place Batesville Junior Woman's League

GFWC-MFWC President's Special Project: American

Heart Association

- 5th Place Raleigh Woman's Club
- 4th Place Decatur Woman's Progressive Club
- 4th Place Civic Woman's Club of Picayune
- 3rd Place Iuka Twentieth Century Club
- 2nd Place Twentieth Century Club of Bruce
- Ist Place Fine Arts Club of Bruce
- GFWC-MFWC Emphasis Area: Mississippi Public

Broadcasting

- 5th Place Raleigh Woman's Club
- 4th Place Civic Woman's Club of Picayune
- 4th Place Cosmopolitan Club

- 3rd Place Woman's Club of Booneville
- 2nd Place Raleigh Woman's Club
- Ist Place Civic Woman's Club of Picayune
- GFWC-MFWC Emphasis Area: Mississippi State Institutions
 - 5th Place Civic Woman's Club of Picayune
 - 4th Place Raleigh Woman's Club
 - 3rd Place Decatur Woman's Progressive Club
 - 2nd Place Cosmopolitan Club
 - Ist Place Florentine Club

Juniorette Club Awards Club Year 2018, Reporting Year 2019

- GFWC Signature Program: Domestic Violence Awareness & Prevention
 - 2nd Place Bruce Fine Arts Juniorettes
 - Ist Place Juniorette Diamonds
- GFWC Juniors' Signature Program: Advocates for Children
 - 2nd Place Juniorette Diamonds
 - Ist Place Bruce Fine Arts Juniorettes
- GFWC CSP Arts
 - 2nd Place Bruce Fine Arts Juniorettes
 - Ist Place Juniorette Diamonds
- GFWC CSP Conservation
 - 2nd Place Juniorette Diamonds
 - Ist Place Bruce Fine Arts Juniorettes
- GFWC CSP Education
 - 2nd Place Bruce Fine Arts Juniorettes
 - Ist Place Juniorette Diamonds
- GFWC CSP Home Life
 - 2nd Place Juniorette Diamonds
 - Ist Place Bruce Fine Arts Juniorettes
- GFWC CSP International Outreach
 - 2nd Place Juniorette Diamonds
 - Ist Place Bruce Fine Arts Juniorettes
- GFWC CSP Public Issues
 - 2nd Place Bruce Fine Arts Juniorettes
 - Ist Place Juniorette Diamonds

(Continued from page 14)

- GFWC AA Communication and Public Relations
 - 2nd Place Bruce Fine Arts Juniorettes
 - Ist Place Juniorette Diamonds
- GFWC AA Leadership
 - 2nd Place Bruce Fine Arts Juniorettes
 - Ist Place Juniorette Diamonds
- GFWC AA Legislations and Public Policy
 - 2nd Place Bruce Fine Arts Juniorettes
 - Ist Place Juniorette Diamonds
- GFWC AA Membership
 - 2nd Place Bruce Fine Arts Juniorettes
 - Ist Place Juniorette Diamonds
- GFWC AA WHRC
 - 2nd Place Bruce Fine Arts Juniorettes
 - Ist Place Juniorette Diamonds
- GFWC AA Fundraising and Development
 - 2nd Place Bruce Fine Arts Juniorettes
 - Ist Place Juniorette Diamonds
- GFWC-MFWC President 's Special Project:

American Heart Association

- 2nd Place Bruce Fine Arts Juniorettes
- Ist Place Juniorette Diamonds
- GFWC-MFWC Emphasis Area: Mississippi Public Broadcasting
 - Ist Place Bruce Fine Arts Juniorettes
- GFWC-MFWC Emphasis Area: Mississippi State Institutions
 - 2nd Place -
 - I st Place -

¥

GFWC-MFWC Book Awards Club Year 2018, Reporting Year 2019

SCRAPBOOKS - GENERAL CLUB

- Classification A (20 and under members)
- 3rd Place Homochitto Heritage Club
- 2nd Place Florentine Club
- Ist Place luka Twentieth Century Club

- Classification B (21 35 members)
 - 3rd Place Present Day Club of Waynesboro
 - 2nd Place Fine Arts Club of Bruce
 - Ist Place Florentine Evening Club
- Classification C (36 50 members)
 - Ist Place Women's Club of Gulfport

SCRAPBOOKS - JUNIORETTE CLUB

- Classification A (20 and under members)
 - Ist Place Juniorette Diamonds
- Classification B (21 35 members)
 - Ist Place Bruce Fine Arts Juniorette

YEARBOOKS - GENERAL CLUBS

- Classification A-I (20 and under members, printed)
 - 2nd Place Cleveland Woman's Club
 - Ist Place Quitman Woman's Club
- Classification A-2 (20 and under members, looseleaf)
 - 3rd Place Fine Arts Club of Waynesboro
 - 2nd Place Present Day Club of Union
 - Ist Place Iuka Twentieth Century Club
- Classification B-1 (21 35 members, printed)
 - Ist Place Present Day Club of Waynesboro
- Classification B-2 (21 35 members, looseleaf)
 - 3rd Place Poplarville Woman's Club
 - 2nd Place Raleigh Woman's Club
 - Ist Place Fine Arts Club of Bruce
- Classification C-2 (36 50 members, looseleaf)
 - Ist Place Civic Woman's Club of Picayune

YEARBOOKS - JUNIORETTE CLUBS

- Classification A (looseleaf)
 - Ist Place Juniorette Diamonds

GFWC-Photography Contests Club Year 2018, Reporting Year 2019

- GFWC Volunteers In Action
 - 2nd Place Angela Easley, Fine Arts Club of Bruce
 - Ist Place Lisa A. Harris, Raleigh Woman's Club

- The World In Pictures Living Things
 - 3rd Place Kay Fairley, Cosmopolitan Club
 - 2nd Place Jeanine Gregory, Lanier Club
 - Ist Place Melissa Carleton, Present Day Club of Union
- ♥ The World In Pictures Still Life
 - 2nd Place Claire Barlow, LeBonte Women's Club
 - Ist Place Debbie Bruister, Ackerman Twentieth Century Club
- The World In Pictures Scenes
 - 3rd Place Laura Trigg, Present Day Club of Waynesboro
 - 2nd Place Melissa Carleton, Present Day Club of Union
 - Jeanine Gregory, Lanier Club

GFWC Short Story and Poetry Contests Club Year 2018, Reporting Year 2019

- Member Poetry
 - 2nd Place Amanda Hillhouse, Fine Arts Club of Bruce
 - Ist Place GFWC Affiliate, Pontotoc Woman's
 Club
- Member Short Story
 - No Entries

Youth Poetry

(Writer's Name, Submitted By)

- ✔ Category I (K, I & 2)
 - 2nd Place Leah Steele, Cosmopolitan Club
 - Ist Place Ellie Kathryn Bailey, Fine Arts club of Bruce
- Category II (3, 4 & 5)
 - 2nd Place Ella Hawkins, Cosmopolitan Club
 - Ist Place James Mixon, Fine Arts Club of Bruce
- Category II (6, 7 & 8)
 - 2nd Place Charlie Nicole Brock, Raleigh Woman's Club
 - Ist Place Amy Roberson, Fine Arts Club of Bruce

- ♥ Category IV (9, 10, 11 & 12)
 - 2nd Place Justin Watkins, Cosmopolitan Club
 - Ist Place Tate Porter, Fine Arts Club of Bruce

Youth Short Story

(Writer's Name, Submitted By)

- Category I (K, I & 2)
 - 2nd Place Reed Harrison Kelly, Cosmopolitan
 Club
 - Ist Place Elias Gray, Cosmopolitan Club
- Category II (3, 4 & 5)
 - 2nd Place Mia Kelly, Fine Arts Club of Bruce
 - Ist Place Kimberly Lichlyter, Cosmopolitan
 Club
- Category III (6, 7 & 8)
 - 2nd Place Ashley Roberson, Fine Arts Club of Bruce
 - Ist Place Zoey Hada, Cosmopolitan Club
- Category IV (9, 10, 11 7 12
 - 2nd Place Mallory Extine, Cosmopolitan Club
 - Ist Place Shaylynn Grosstephan, Cosmopolitan
 Club

MFWC Youth Art Contests Club Year 2018, Reporting Year 2019

Class A (Student receiving lessons from private instructors)

- Division I (Kindergarten Grade I)
 - Ist Place Marlee Miller, Enterprise Woman's Club
- Division II (Grades 2 & 3)
 - 2nd Place Amree Harmann, Raleigh Woman's Club
 - Ist Place Graham Overton, Batesville Woman's Club
- Division III (Grades 4, 5 & 6)
 - Ist Place Paislee Goodson, Florentine Evening
 Club
- Division IV (Grades 7, 8 & 9)
 - 2nd Place Carlee Bess Williams, Decatur Woman's Progressive Club

- Ist Place Amy Roberson, Fine Arts Club of Bruce
- Division V (Grades 10, 11 & 12)
 - 2nd Place London Seale, Decatur Woman's Progressive Club
 - Ist Place Ainsely Gordon, Batesville Woman's
 Club

Class B (Students receiving instructions as part of a school curriculum with a certified art teacher)

- Division I (Kindergarten Grade I)
 - 3rd Place Shelby Williams, Cosmopolitan Club
 - 2nd Place Joley Clark, Fine Arts Club of Bruce
 - Ist Place Caden Bonner, Quitman Woman's
 Club
- Division II (Grades 2 & 3)
 - 3rd Place Jack Izor, Cosmopolitan Club
 - 2nd Place Emma Sayle, Batesville Woman's Club
 - Ist Place Kaybre Powell, Decatur Women's
 Progressive Club
- Division III (Grades 4, 5 & 6)
 - 3rd Place Marlee Donahue, Batesville Woman's Club
 - 2nd Place Camille Laphard, Quitman Woman's Club
 - Ist Place Sadie Knight, Cosmopolitan Club
- Division IV (Grades 7, 8 & 9)
 - 3rd Place Aria Ball, Cosmopolitan Club
 - 2nd Place Ahnnah Newell, Florentine Evening Club
 - Ist Place Kim Carter, Pontotoc Woman's Club
- Division V (Grades 10, 11 & 12)
 - 3rd Place Hannah McNeece, Florentine Evening Club
 - 2nd Place Katelin Burks, Civic Woman's Club of Picayune
 - Ist Place Bronwyne Bain, Batesville Woman's Club

Class C (Students receiving no art instruction from private or certified art teacher; classroom teachers giving • art instruction in the classroom would fall in this

category.)

- Division I (Kindergarten Grade I)
 - 3rd Place Kira Simmons, Batesville Junior Woman's League
 - 2nd Place Liam Walker, Civic Woman's Club of Picayune
 - Ist Place Elijah Smith, Florentine Evening Club
- Division II (Grades 2 & 3)
 - 3rd Place Ruby Worley, Poplarville Woman's Club
 - 2nd Place Camden Conn, Ackerman 20th Century Club
 - Ist Place Anna Claire Keith, Enterprise
 Woman's Club
- Division III (Grades 4, 5 & 6)
 - 3rd Place Cooper McLeod, Enterprise
 Woman's Club
 - 2nd Place Morgan Schiedler, Civic Woman's Club of Picayune
 - Ist Place Emeri Roberts, Pontotoc Woman's Club
- Division IV (Grades 7, 8 & 9)
 - 3rd Place Ella Walker, Enterprise Woman's Club
 - 2nd Place Abbigail Pittman, Batesville Junior Woman's League
 - Ist Place Kaitlyn H., Civic Woman's Club of Picayune
- Division V (Grades 10, 11 & 12)
 - Ist Place Jenna Lewis, Enterprise Woman's Club

MFWC Youth Art Challenge Contests Club Year 2018, Reporting Year 2019

- Division 3 (Ages 9 12)
 - 2nd Place Harmony Billiot, Florentine Evening
 Club
 - Ist Place Cosmopolitan Club
- Division 4 (Ages 13 15)
 - 3rd Place Dixie Moore, Cosmopolitan Club

(Continued from page 17)

- 2nd Place Will Horne, Florentine Evening Club
- Ist Place Kayla Bowdin, Batesville Junior Woman's League
- ♥ Division V (Ages 16 21)
 - I st Place Brooke Stogner, Florentine Evening Club

Honor Clubs Club Year 2018, Reporting Year 2019

(Clubs who paid dues postmark by November 1, 2018)

- Ackerman Twentieth Century Club
- Batesville Junior Woman's League
- Batesville Woman's Club
- Booneville High School Juniorettes
- Bruce Fine Arts Juniorettes
- Cleveland Woman's Club
- EPHFIC Woman's Club of Cleveland
- Eupora Juniorettes
- Eupora Twentieth Century Club
- Fine Arts Club of Bruce
- Florence Juniorettes
- Greenwood Woman's Club
- Iuka Twentieth Century Club
- Lanier Club
- Pontotoc Juniorette Club
- Pontotoc Woman's Club
- Star Woman's Club
- Thursday Club of Walnut Grove
- Twentieth Century Club of Bruce
- Twenty-first Century Club of Kosciusko
- Woman's Club of Booneville
- Civic Woman's Club of Picayune
- Cosmopolitan Club
- Crystal Springs Floral Club
- Decatur Woman's Progressive Club
- Ellisville Fidelia Club
- Enterprise Woman's Club
- Enterprise Woman's Club
- Fine Arts Club of Waynesboro
- Florentine Club
- Florentine Evening Club

- Gavel Club
- Homochitto Heritage Club, Inc.
- Lucedale Fine Arts Club
- Present Day Club of Union
- Present Day Club of Waynesboro
- Quitman Woman's Club
- Raleigh Woman's Club
- Women's Club of Gulfport

History Club Awards Club Year 2018, Reporting Year 2019

(Clubs who submitted History Club Report postmarked

by March 1, 2019)

- Ackerman Juniorettes
- Ackerman Twentieth Century Club
- Batesville Junior Woman's League
- Batesville Woman's Club
- Civic Woman's Club of Picayune
- Cleveland Woman's Club
- Cosmopolitan Club
- Decatur Woman's Progressive Club
- Enterprise Woman's Club
- EPHFIC Woman's Club of Cleveland
- Fine Arts Club of Bruce
- Florentine Club
- Florentine Evening Club
- Iuka Twentieth Century Club
- Juniorette Diamonds
- Pontotoc Woman's Club
- Present Day Club of Union
- Quitman Woman's Club
- Raleigh Woman's Club
- Twentieth Century Club of Bruce
- Twenty-first Century Club of Kosciusko
- Woman's Club of Booneville
- Women's Club of Gulfport

President's Award of Excellence

- Under 20 Members: Ackerman Twentieth Century
 Club
- 21-35 Members: Fine Arts Club of Bruce
- 36-50 Members: Civic Woman's Club of Picayune

(Continued from page 18)

Scholarships/Grant Recipients

- Hebron Memorial Scholarship Robyn Hadden, sponsored by Raleigh Woman's Club
- Sarah Peugh Butterfly Scholarship Perry Beth Liles, Juniorettes of New Century Club
- Challenge Grant Stacey McAllister, Raleigh Elementary School sponsored by Raleigh Woman's Club

MFWC Leadership Education and Development Seminar (LEADS) Participants (Malone-Sisk Educational/Leadership Endowment)

- Kristina Barnes, Florentine Evening Club
- Lindsey Faust, Twentieth Century Club of Bruce
- Manda McClure, Ackerman Twentieth Century Club
- Allison Meitzler, Civic Woman's Club of Picayune
- Sonya Smith, Decatur Woman's Progressive Club

GFWC-MFWC LEADS Delegate to 2019 GFWC International Convention

Sonya Smith, Decatur Woman's Progressive Club

GFWC-MFWC Jennie Award

Libby Everett, Cosmopolitan Club

•

District Clubwomen of the Year

- Tammy Griffin, Fine Arts Club of Bruce, Northern
 District
- Carolyn Mason, Florentine Club, Central District
- Shirley Stough, Civic Woman's Club of Picayune

Clubwoman of the Year

Shirley Stough, Civic Woman's Club of Picayune

Juniorette of the Year (JOY Award)

Alexis Lino, Bruce Fine Arts Juniorettes

District Clubs of the Year

- Twentieth Century Club of Bruce, Northern
 District
- Raleigh Woman's Club, Central District
- Civic Woman's Club of Picayune and Cosmopolitan
 Club, Southern District I

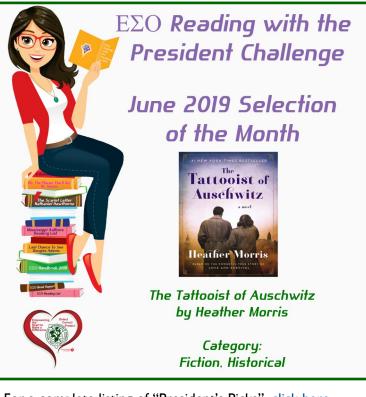
Juniorette Clubs of the Year

- 2nd Place Bruce Fine Arts Juniorettes
- Ist Place Juniorette Diamonds

Clubs of the Year

- 5th Place Florentine Evening Club
- 4th Place Cosmopolitan Club
- 3rd Place Fine Arts Club of Bruce
- 2nd Place Raleigh Woman's Club
- Ist Place Civic Woman's Club of Picayune

For a printable copy of the GFWC-MFWC 121st Annual Convention Book, GFWC-MFWC Awards Book and GFWC-MFWC Top Ten Projects, <u>click here</u>.



For a complete listing of "President's Picks", <u>click here</u>.

2018 GFWC-MFWC Creativity Awards Winners

Greetings ladies,

I first would like to thank President Becky C. Wright for her approval and Lisa Harris for her inspiring work to ensure our AWARDS are now posted on our website.

I also have the esteemed pleasure of sharing with you our Creativity club award winners in this article. How impressive thanks to all of you. Be sure and email or contact club presidents or chairmen for more details.

Theresa Buntyn,

GFWC-MFWC Vice President and Dean of Chairmen

- GFWC Signature Program: Domestic Violence Awareness & Prevention
 - Batesville Junior Woman's League, Bra and Feminine Project Drives for I SUPPORT THE GIRLS
- GFWC Juniors' Special Program: Advocates for Children
 - Women's Club of Gulfport hosted a baby shower with March of Dimes for 25 military "Moms to Be".
- GFWC Community Service Programs: Arts
 - Fine Arts Club of Bruce, Barnyard Christmas Float.
- GFWC Community Service Programs: Conservation
 - Civic Woman's Club of Picayune, Keep Picayune Beautiful affiliate of Keep America Beautiful organization.
- GFWC Community Service Programs: Education
 - Florentine Evening Club, BeYOUtiful.
- GFWC Community Service Programs: Home Life
 - Fine Arts Club of Bruce, PROJECT 719 based on Psalms 71:19. Community service event to local nursing home and assisted living centers for the residents a Christmas shopping day.
- GFWC Community Service Programs: International Outreach
 - Bruce Fine Arts Juniorettes, Milk and Cookies for Heifer International. Donations for Heifer International.
- GFWC Community Service Programs: Public Issues
 - Juniorette Diamonds, Approval from the County Board of Supervisors. Getting on the Agenda for County Board of Supervisors- the Juniorette Diamonds of Picayune, MS filled out all the necessary paper work to be placed on the agenda, of the Board of Supervisors, for approval of a project sanctioned by their club.
- GFWC Advancement Area Programs: Communications and Public Relations
 - Civic Woman's Club of Picayune, Pearl Swinehart, Mascot Extraordinaire. This beautiful swine attends all events of the club and is always visible in the town and community and members are awarded to have her attend all events.
- GFWC Advancement Area Programs: Leadership
 - Civic Woman's Club of Picayune, The club had Pearl River County Leadership Development Coordinator conducted a teambuilding session that was attended by officers and chairmen. A DISC profile exercise was conducted to identify strengths and weaknesses and to create a strategy for

(Continued from page 20)

greater teamwork and accomplishing goals.

- GFWC Advancement Area Programs: Legislations/Public Policy
 - Juniorette Diamonds, "Mock Legislative Summit". Juniorettes were contacted by GFWC Resolution Chairman and participated in summit on how to write a resolution and to send to legislature.
- GFWC Advancement Area Programs: Membership
 - Florentine Evening Club, Grow a Member.
- GFWC Advancement Area Programs: Fundraising and Development
 - Batesville Woman's Club, "Egg a Yard at Easter". Bright colored eggs decorated yards and donations were accepted in the community.
- GFWC Advancement Area Programs: Women's History Resource Center
 - Present Day Club of Union, Preserved Mourning To Action. club members took artifacts from deceased club member and preserved all the documentation she had saved as MFWC officer and club officer and member
- GFWC Advancement Area Programs: ESO
 - Batesville Junior Women's League, ESO Group. Founded and maintains a Facebook Online ESO Reading Group.

Back to School: Required Vaccinations for Entering 7th Graders

Source: Mississippi State Department of Health, Public Health Report for May 24, 2019.

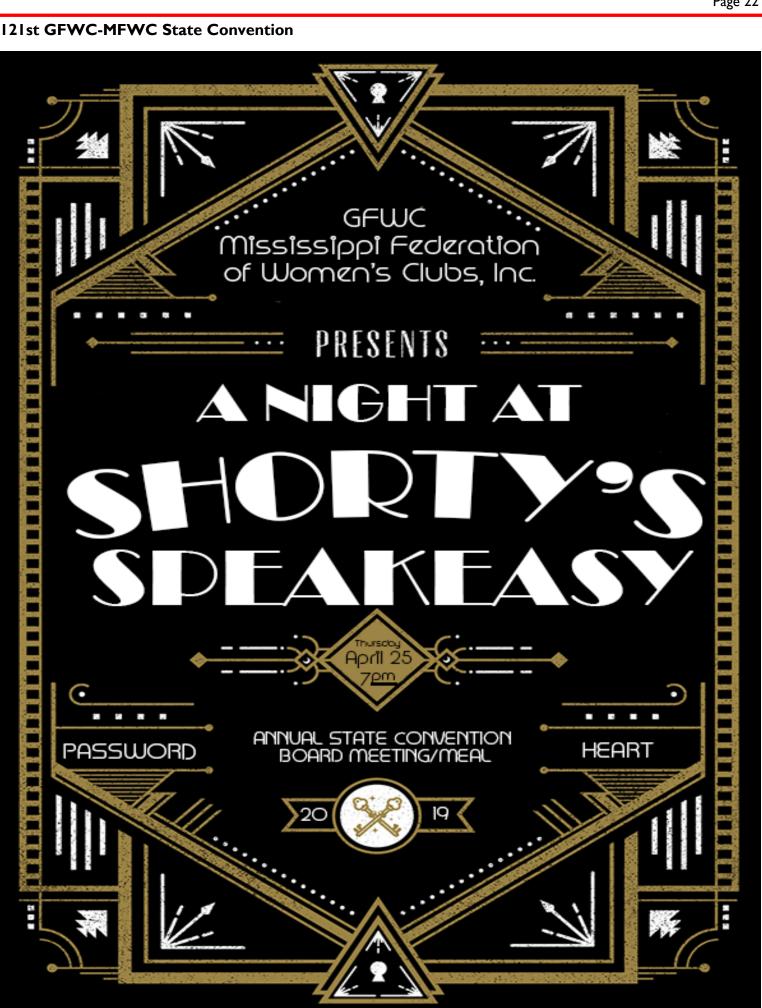


The school year is just ending, but parents of sixth graders should remember that Tdap vaccinations are required for all seventh graders entering school in the fall. Parents are required to submit an updated form 121 (vaccination compliance) to their school at seventh -grade entry. Request the form from your doctor or county health department when your child receives their vaccination.

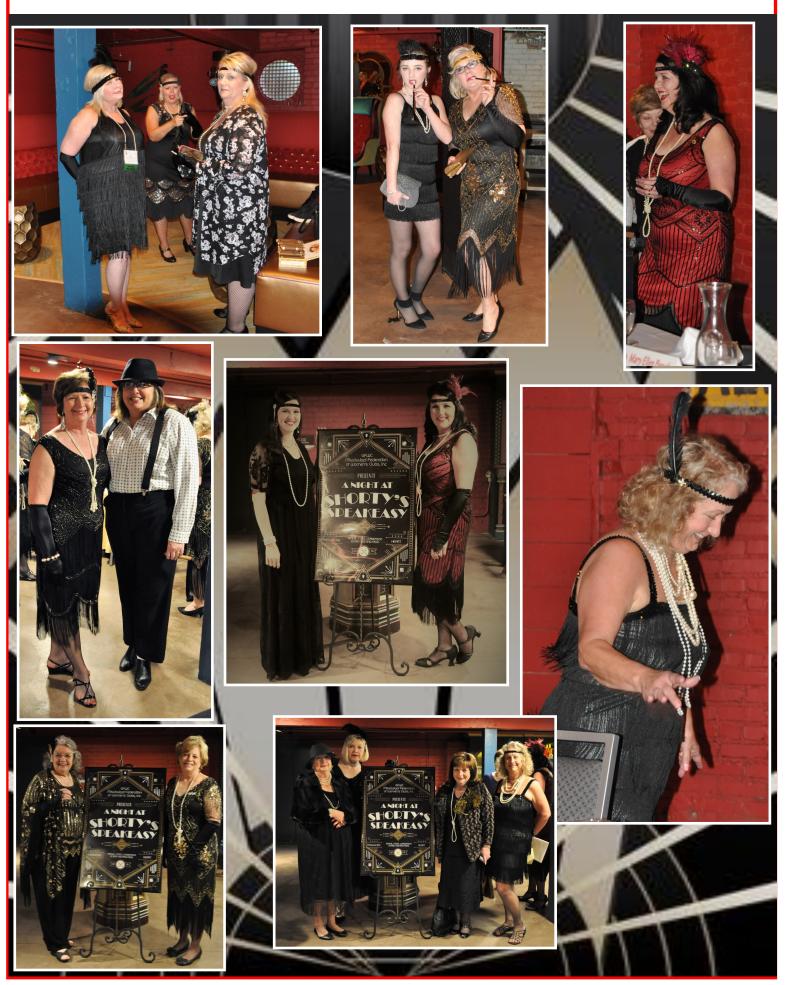
Tdap (tetanus, diphtheria and pertussis) vaccinations for this age group became a requirement in Mississippi in <u>2012</u> after a sharp increase in childhood pertussis (whooping cough) in the state and nationwide. Pertussis can be serious or deadly to young children, and teens and adults can easily spread the disease to this younger age group.

This is also an excellent time to schedule other recommended vaccinations for your teen. The Mississippi State Department of Health strongly encourages all students receive HPV and meningococcal vaccination along with their Tdap. Meningococcal vaccination can protect against serious disease exposure that comes in teen and college years, and <u>HPV vaccination</u> provides excellent protection against several cancer types.

Don't wait. Getting required vaccination ahead of time can make sure that school entry isn't delayed.



121st GFWC-MFWC State Convention - Thursday, April 25th - Board Meeting/Meal



121st GFWC-MFWC State Convention - Thursday, April 25th - Board Meeting/Meal

General Federation of Women's Clubs Club Charter

Be it known by all persons, having met all requirements for members, the

GFWC-MFWC Leading Ladies

is hereby chartered as par capita dues paying club of the General Federation of Women's Clubs and GFWC-Mississippi Federation of Women's Club, Inc. together with all honors, privileges, and obligations thereto appertaining on this 25th day of April in this year of 2019

This group is composed of GFWC-Mississippi Federation of Women's Clubs, Inc. LEADS delegates who have attended GFWC LEADS at the annual GFWC Convention.



Members, but not present at Chartering: Stephanie Steele Lee (2004); Lynn Blaylock (2007); Susan Shurden (2009); Misty Wright (2015); and Carolyn Tedford (2018).

121st GFWC-MFWC State Convention - Thursday, April 25th - Board Meeting/Meal



Charter Members of the Leading Ladies: (from left to right) Diane Rouse, Janae Winter, Theresa Buntyn, Ginny Lucas, Debbie Bruister, Meri Newell, Terrie Whitehurst and Becky C. Wright.



Gavel Club (left to right): Suzanne Byrd Pointer, Jo Anne Reid, Dr. Tammie M. McCoy, GFWC International President Mary Ellen Brock, Carolyn C. Huey, Darlene C. Cramer, Tinker Forrester and Celia C. Fisher.



Nomination of Dr. Tammie M. McCoy to GFWC Southern Region Board.

















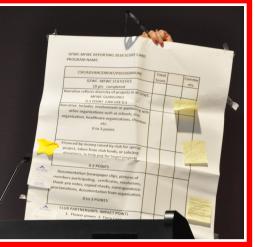














Fifty Year Club (pictured left to right), Anne Porter (59 years), Sherri E. Reid, GFWC-MFWC Membership Chairman and President-elect, Carolyn Ritter (50 years) and Gale Mitchell (50 years).





HEART TO MAKE A DIFFERENCE











Northern District Southern District









GFWC-MFWC LEADS Delegate to 2018 GFWC International Convention

> Sonya Smith Decatur Woman's Progressive Club



GFWC-MFWC Jennie Award Libby Everett, Cosmopolitan Club



Clubwoman of the Year Shirley Stough Civic Woman's Club of Picayune



A Tree Planting with International President Brock and GFWC-MFWC President Wright on National Arbor Day.



Club of the Year Civic Woman's Club of Picayune

Jennie Award

The GFWC Jennie Award honors one clubwoman from each GFWC Region for outstanding commitment to Club, Community and family.

Club members are chosen by their clubs to compete at state, region, and national levels for the Federation's highest honor. The Jennie Award is named in honor of GFWC's founder, Jane Cunningham Croly, who wrote for national newspapers under the pseudonym "Jennie June." The award is an occasion to highlight extraordinary clubwomen who epitomize her spirit of independence, courage, and persistence in purpose through their roles as volunteers within their clubs, elsewhere in the community, and as members of a family or extended family. Although GFWC has many awards for states and clubs, the GFWC Jennie Award is the only national honor that recognizes individual members for personal excellence.

F W C

personal excellence.

JUDGING CRITERIA

Nominations will be evaluated on the following criteria:

1. COMMITMENT TO CLUB

The nominee should have an outstanding record of success and achievement, not only in terms of her club's volunteer programs and projects, but also her role in a leadership position, her activity to build membership and promote the club to others, and her overall spirit of volunteerism. She should be kind, loyal, and positive in her relationships with other clubwomen, and her commitment should be continuous, rather than a onetime activity.

2. COMMITMENT TO COMMUNITY

Community service must address real community needs and concerns. This service should go beyond club activities and be carried out through other community organizations (e.g. schools, hospitals, an elected/appointed position, scouts, etc.) as well as through the workplace. Activities should reflect an innovative or unique approach to volunteer work.

3. COMMITMENT TO FAMILY

Recognizing that families come in many different forms, the nominee might be a single parent, a grandparent raising her grandchildren, an adult caring for an elderly relative, or an adult without children. The definition of a family member may include persons who are older or younger than the nominee. It may include nuclear as well as extended family members. The nominee should exemplify outstanding concern for the well-being, health, and welfare of one or more persons by providing aid and comfort on an on-going basis, separate and apart, from club and community work.

See next page for a summary of Libby's Club, Community and family volunteer work.

Libby Donavan Everett, a member of Cosmopolitan Club of Petal, is the recipient of the GFWC Jennie Award for the state of Mississippi. She will now be considered for the Regional Award.

Mrs. Everett has been a federated clubwoman continuously since 1978. She has served her club as chairman of every community service department, as well as President's Special Project and Communication and Public Relations Chairman, and all elected offices. As club president-elect, she served as acting president for almost two years due to the illness and eventual death of the president and then served her own two years as president. As Community Improvement Program (CIP) Chairman, the work she did and the report she submitted won the MFWC cash award of \$150.00 that was donated to the project – a new library and civic center in Petal. Under her leadership, additional funds were raised and a piano was purchased for the new civic center. She chaired Petal's Junior Miss, Christmas Tasting Luncheon, Cooking for A Cure, and Relay for Life team. She crafts the Relay team baton which wins first or second place every year. She was 2016 MFWC District 1 Clubwoman of the Year. She is currently Cosmopolitan Club Reporter, Parliamentarian, and Relay for Life team captain.

She currently serves as MFWC Youth Art Chairman and is a member of the Challenge Grant committee. She is also a member of Epsilon Sigma Omicron (ESO), Pi chapter, an MFWC reading group.

Libby provides aid and comfort to her 92 year old mother as her two sisters live out of state. Her mother lives 45 minutes away, so a round trip to the doctor often involves at least three hours travel time.



She is a founding member of the Petal Arts Council and served as president 2002-2003 and currently serves as president. She organized and spearheads the arts council booth at the local farmer's market once a month. With assistance from board members, she organized an open house to include a silent auction of art donated by local artists that raised funds for future arts council projects and a Petal High School art scholarship.

She teaches a crafts class weekly for senior ladies at the YMCA. She creates the crafts that are taught to the class and provides materials. The completed projects are taken to the local nursing home, where class members visit with each of 60 residents as they are presented their small token of the season. She is a member of Friends of the Library and the Petal Area Chamber of Commerce.

If selected as a regional winner, she will travel to the GFWC Annual Convention in Atlanta, Georgia, where one clubwoman from each of the eight regions will be honored.

Announcements an Upcoming Events

Important Dates (Overview)

June					
June 8th - 9th	2019 GFWC-MFWC Juniorette Retreat				
June 29th -	GFWC 2019 Annual Convention, June 29- July 1, 2019, JW Marriott,				
July 1st	Austin, TX				
July					
July 19th	2019 GFWC-MFWC Finance Committee & Executive Committee Meeting, GFWC-MFWC Headquarters, Jackson, Mississippi				
July 20th	2019 GFWC-MFWC Summer Executive Board Meeting and Summer Institute				
For a complete listing of Important Dates, <u>click here</u> .					

Postmark Deadline:

Please note: if the postmark deadline for an application /form/report /entry falls on a Sunday, the application/form/ report/entries **MUST** be postmarked by the prior Saturday.

2019 GFWC-MFWC Juniorette Retreat

No Time To Siesta, It's A Juniorette Fiesta!

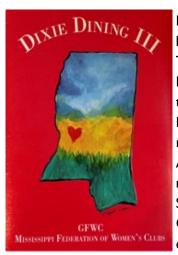
The 2019 GFWC-MFWC Juniorette Retreat is scheduled for June 8 - 9, 2019 at the Red Rooster Barn on the property of Carolyn C. Huey in Decatur, MS. Check, Registration/Permission Form, Permission/Medical Authorization Release and Dietary Restrictions Form for each Juniorette must be postmarked by June 1st. This will allow time for ordering t-shirts and planning meals. All food, drinks, and snacks will be provided from lunch on Saturday through lunch on Sunday. The \$35 per Juniorette will be used to pay for the t-shirt, meals, crafts, etc. Advisors or moms are welcome to attend as chaperones and do not have to pay a registration fee, but please do fill out a registration form for each adult so we will know you are coming.

For a complete registration packet and additional information, <u>click here</u>. Remember, postmark deadline is June 1st.



MFWC Marketplace

The following Ways & Means items are available for purchase from GFWC-MFWC. For more information or to order any item(s), please contact Amy Jacobs or Abby May, Ways and Means Co-Chairs.



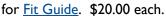
Dixie Dining III Cookbook. A beautiful addition to your kitchen. This is a fundraiser for President Becky C. Wright's PSP: Empowering the Heart to Make a Difference: Detect. Collect. Protect. Funds raised will go to the American Heart Association. Heart Disease is the number one killer of Americans. Softback with 777 recipes from GFWC-MFWC Clubwomen. \$20.00 each.



T-shirt with "Above all else, guard your heart, for everything you do flows from it. Proverbs 4:23." White print on red heather shirt. T-shirt material is 52% cotton/48% polyester. Shirt is made by Bella Canvas in the unisex jersey shortsleeve V neck style. Click here for <u>Fit Guide</u>. \$20.00 each.

cuein

T-shirt with "And, Oh Lord God, let us forget not to be kind." Black print on marble white shirt. T-shirt material 52% cotton/48% polyester. Shirt is made by Bella Canvas in the unisex style. Click here







White floral pillow with "And, Oh Lord God, let us forget not to be kind." Pillow is manufactured in Mississippi by The Little Birdie Company. \$25.00 each.

White floral pillow with "Above all else, guard your heart, for everything you do flows from it. Proverbs 4:23." Pillow is manufactured in Mississippi by The Little Birdie Company. \$25.00 each.

Above all els ward your H For Everything you do flows from it.

LET NATURE NURTURE YOU...

Need to de-stress? Just step outside. Spending time in nature has been shown to lower stress and reduce symptoms of depression and anxiety. This week spend a few minutes enjoying a nearby green space. Your mind and body will thank you.

To read more, click button below.







GFWC 2019 Annual Convention, June 29- July 1, 2019, JW Marriott, Austin, TX

The clubwomen of the Texas Federation are hosting the 2019 GFWC Annual Convention and anxious to welcome you to the Lone Star State from June 29-July 1 at the JW Marriott Austin.

Pre-Convention tours are planned for you to visit various sites in and around the city of Austin on June 27th and 28th.

The Convention will officially begin with the Opening State Flag Ceremony, followed by business sessions to act on proposed Resolutions and Bylaws. For celebration, there will be awards to honor your successes and accomplishments. There will be speakers, exhibits, vendors, partner networking, a service project, and raffles.

Use these links to find out more about the upcoming 2019 GFWC Annual Convention:

- View the <u>agenda</u>
- To view the <u>tours</u>
- To <u>register</u>
- To book your lodging at the <u>JW Marriott Austin</u>



GFWC News & Notes

March of Dimes Service Project at Convention

Join us at the <u>2019 GFWC Annual Convention</u> and help us reach our goal of creating 1,000 Self-Care Packages for March of Dimes. A generous donation from you will bring relief to parents who are experiencing the exhaustion and stress that comes with their baby being in the Neonatal Intensive Care Unit (NICU) for weeks or even months. Check what item your region is responsible for <u>bringing to Convention</u>.

The Convention Service Project is an annual opportunity to bring clubwomen from across the country together to make a lasting impact. Join us on June 30 from 6:00 p.m. to 7:00 p.m. at the March of Dimes Service Project.

Can't make it to Convention? You can still help make a parent's life a little brighter! Send a check to GFWC Headquarters by June 1 so we can purchase supplies in Austin. Make the check out to GFWC and put "2019 Service Project" and your region in the memo line.

Support Our Convention Raffle

Help make the Lone Star Raffle a huge hit. If you, your club, or your district would like to donate a prize, send the raffle donation <u>form</u> to Jennifer Simpson at jsimpson@gfwc.org. Donations can be sent to GFWC Headquarters if delivered by June 1. Or you can bring your donation to Convention if the <u>form</u> is sent beforehand. Small and lightweight items that travel easily are recommended, such as:

- Jewelry and Scarves
- Electronics and Gadgets
- Handbags
- Gift Cards with national appeal

<u>Donate</u> to the 2019 Convention Raffle to support GFWC and to bring a smile to a winning clubwoman's face.

Where in the World is GFWC?

During your summer travel plans this year, take a picture of this "<u>flat GFWC</u>" and post it with the hashtag #GFWC1820. The GFWC Juniors will award winners for the most creative, funniest, and furthest distance, so snap those photos so so we can see everywhere GFWC goes this Administration!

Subscribe to News & Notes

If you haven't yet subscribed to *News & Notes*, the best source for all things GFWC, what are you waiting for? Signing up is easy and gives you access to timely news items from around Headquarters, our partners, and our work on a national and local scale.

Follow these steps to Sign Up for News and Notes: scroll to bottom of any page on the GFWC website and enter your email address in the provided spot under the heading "Sign Up for News & Notes". Be sure to press the "Sign Up" button after entering your email address.

If you are signed up for News & Notes and have an issue with your subscription, contact GFWC@GFWC.org.

Support GFWC

Support GFWC When You Shop at Amazon.com

Help strengthen GFWC's volunteer programs the next time you shop at Amazon.com by making your purchases through GFWC's Amazon.com affiliate link. The link enables members to direct **up to 0.5% percent** of your total purchases to the Federation. For more information, click here.

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You shop. Amazon gives.

Terri Lynn

Terri Lynn has over 75 years of family tradition offering healthy and delicious gourmet products. Earn profits for you and your club selling premium nuts, chocolate confections, and scrumptious dried fruit selections. For more information, visit Terri Lynn at www.terrilynnfundraising.com.



Try an Easy Online Fundraiser

Flower Power Fundraising offers only the finest bulbs and plants available from growers in Holland and the United States with an unconditional 100% money-back guarantee. Flower Power Resources. For more information, <u>click here</u>.

FLOWER COWER

Let Your Flag Fly

The time has never been better to let our Emblem-spangled banner wave. GFWC Flags come in 3'x5' and 4'x6' sizes. You can also order a GFWC Podium Banner or Road Sign. Prices start at \$35.00. The GFWC flag is a perfect, highly visible, and easily portable way to brand any event, publicity table, or speaking engagement. Go to https:// marketplace.gfwc.org/ categories.aspx?Keyword=gfwc flag. to place your order today.



GFWC Marketplace: Shoe Bag

GFWC's shoe bag is a convenient way to carry your shoes and protect them during travel—especially when you travel to Austin, Texas for GFWC's Annual Convention! Get yours for \$5.00 in the GFWC Marketplace.



GFWC Tote Bag

The GFWC Tote Bags are the perfect fashion accessory for a busy clubwoman. Totes are made out of cotton with a zippered top and are available in both red and blue, with matching GFWC logo. Blue totes measure 24" x 15" x 8-1/2" and red measure 20" x 16" x 7". Price: \$30.00



GFWC Credit Card Wallet

GFWC's credit card wallets are a practical way to keep all your cards and money in order. Bring it to the GFWC Annual Convention to hold your business cards! Get one for \$10 in the GFWC <u>Marketplace</u>.

